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How to measure your self ?

Mail Order from:

Customer's name: Order no.: Date:/...../.....

Age: Height:cm Weight: Photo from 3 portions with whole body (Front, Back and side)



Full Shoulder
.....cm

1



Sleeves
.....cm

2



Full Chest
.....cm

3



Full Stomach
.....cm

4



Hips
.....cm

5



Front chest
.....cm

6



Chest Back
.....cm

7



Length of jacket
.....cm

8



Length of shirt
.....cm

9



Length of vest
.....cm

10



Waist for pants
.....cm

11



Thigh
.....cm

12



Full Crouch
.....cm

13



Pants Length
.....cm

14



Cuffs
.....cm

15

16: Neckcm 17: Bicepscm

Shoulder Drop Square Regular

Note: No. 4 for jacket and shirt measurement & No. 11 for pants measurement